

KePRO Care Management



ACCREDITED
CASE MANAGEMENT
HEALTH UTILIZATION
MANAGEMENT

KM-CXN-CS-100-9-11



Who we are...

KePRO has been designing and delivering integrated care management and quality improvement solutions that meet the unique needs of our customers since 1985. We partner with our clients to achieve improved health outcomes for your population and reduce your health care costs. Take a look at our clinically driven, client focused, value based solutions that deliver significant results for commercial and public program clients.

How our solutions work for you . . .

Clinically Driven

You want to keep your participants at their best. KePRO is dedicated to ensuring that your total population gets the care they need, when and where they need it. We were founded by the Pennsylvania Medical Society on that simple philosophy. Our staff medical directors ensure that all of our solutions are predicated on the use of evidence-based medicine, leading to better health outcomes for all.

Client Focused

You and your population are unique. Why settle for an off the shelf solution designed for a larger population? KePRO's flexibility enables us to provide the programs that best target your total population and deliver the results you expect. We are the right size to solve your health care issues, and are known for the high quality services we deliver to clients of all sizes.

Valued Based

You want an experienced vendor that will be there for you year after year, improve the overall health of your population, and control your care costs. KePRO has serviced the commercial and public health care markets for over a quarter century.

With these ideals in mind, we offer the following services:

Utilization Management

KePRO's utilization management program provides assessment of medical necessity and appropriateness of care. We conduct prior authorization, continued stay, and retrospective reviews, in addition to discharge planning services. The program focuses on improving the effectiveness of health care services delivered, while minimizing or eliminating inappropriate levels of care, admissions, and procedures, as well as untimely or premature discharge.

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Case Management

KePRO Case Management improves the health of your participants, while decreasing care costs associated with episodic health events, hospital admissions and re-admissions, and the unnecessary use of emergency departments, medical services, and equipment. We promote quality, cost-effective outcomes through active, frequent communication and coordination among our registered nurse (RN) case managers and each participant, his or her health care provider and family or caregiver, other vendors, and available community resources.

Our program is voluntary, requiring consent to participate. Case management is necessary when participants have:

- Acute health care needs, diagnoses, or hospitalizations
- Complex medical issues and co-morbidities
- Complex hospital discharge requirements
- Complex social issues.

Chronic Care Management

KePRO Chronic Care Management encourages participants to get healthy and stay healthy. Our program provides information and online tools to help participants learn how to better manage and control their chronic conditions, such as asthma, diabetes, heart disease, high blood pressure, chronic obstructive pulmonary disease (COPD), hyperlipidemia (higher level of lipids in your blood), depression, and their health in general. Participants work with RN case managers who help them to:

- Make more informed health care decisions
- Better understand their doctors' treatment plans
- Coordinate their care among different providers
- Reach their individual health goals.

Maternity Management Program

KePRO Maternity Management is designed to enhance care delivery and reduce maternity related complications for pregnant participants. We do this using a unified approach to education, empowerment, behavioral modification, and coordination of services, from the first trimester through delivery and the post partum period. We measure program success by:

- Decreasing pregnancy-related complications
- Decreasing the number of infants born prematurely
- Reducing the number of infants requiring neonatal intensive care admissions
- The participant's satisfaction with the program.

KePRO Wellness

KePRO Wellness is an interactive, digital coaching program that reaches participants any time, any where, at their convenience. The program combines the latest web-based and mobile technologies, wellness assessments that can be taken online or by phone, and tools to help transform unhealthy lifestyle behaviors into healthier choices. KePRO Wellness helps participants to:

- Make better lifestyle choices
- Prevent the onset of chronic diseases
- Better manage existing conditions.

***To learn more about KePRO and our integrated care management solutions,
visit www.kepro.com, or call 1.800.222.0771.***